



1st International Diabetic Foot Forum Congress

President
Dr. Christian Baraldi

May 22-23, 2026
T Hotel Lamezia, Feroletto Antico
(Catanzaro, Italy)



Scientific Committee

Christian Baraldi
Shrikant Bhoyar
Barbara De Angelis
Emily Haworth
Sunil Kari
Ayman Khalil
Fernando Martinez Irigoyen
Francesca Pasquali
Sonia Silvestrini



Simultaneous translation

Info and Subscription mail Congress: idff2026@christianbaraldi.it

Rational

The aims of the diabetic foot (DF) program are to provide an update on pathophysiological, clinical, preventive, and therapeutic aspects based on the latest guidelines and scientific evidence. It aims to promote an integrated multidisciplinary approach among specialists to manage diabetic foot syndrome more effectively and comprehensively.

The DF program purposes to talk about the prevention, diagnosis, and management of foot complications in individuals with diabetes. This program involves education, regular foot exams, and specialized care to address issues like ulcers, infections, nerve and ischemic damage including through a series of workshops that follow the principle of hands-on training. They are crucial for reducing amputation rates and improving the quality of life for people with diabetes.

Main contents:

Scientific updates: sessions focusing on the latest scientific evidence and international guidelines (updated in 2023).

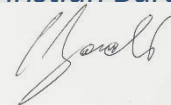
Multidisciplinary management: emphasis on integration among various medical disciplines, such as diabetologists, vascular surgeons, foot surgeons, podiatrists, nurses, physical therapists, psychologists, and nutritionists, to ensure comprehensive patient treatment.

Prevention and treatment: discussion of preventive strategies, such as daily foot inspection and the use of appropriate footwear, and cutting-edge therapeutic approaches, including conservative surgery, revascularization, foot management and care, including major bone deformities, innovative therapies of advanced dressings, and regenerative therapies such as mononuclear cells, Platelet Rich Plasma (PRP), use of amino acids, and autologous cell grafts.

Psychological aspects: attention to psychological support for the patient and family members, given the disabling nature of the condition, pain (including phantom limb pain), and high risk of depression.

Benefits of the Diabetic Foot Program: Reduce risk of ulcers and infections; Proactive care preventing the development of ulcers and infections; Decrease amputation rates with early intervention and proper management; Preventing complications and promoting healthy feet: maintenance of personal mobility and independence; Improve Quality of Life.

Christian Baraldi



1st International Diabetic Foot Forum Congress (iDFF 2026) is CME-Accredited scientific Event

Dear Colleague,

We are pleased to formally invite you to participate in the 1st International Diabetic Foot Forum Congress (iDFF 2026), a Continuing Medical Education (CME/ECM) accredited international scientific event, to be held on May 22–23, 2026, at the T Hotel Lamezia, Feroletto Antico (Catanzaro, Italy).

The Congress is held under the Scientific Presidency of Dr. Christian Baraldi and is promoted by an international Scientific Committee with the aim of providing a comprehensive, evidence-based update on the prevention, diagnosis, and management of Diabetic Foot Syndrome, in accordance with the most recent international guidelines and scientific evidence.

Educational Objectives

The primary educational objective of the iDFF Congress is to enhance professional competence and clinical performance through:

- *updated knowledge on the pathophysiology of diabetic foot disease*
- *early identification of risk factors and timely diagnosis*
- *appropriate use of diagnostic tools in neuropathic and ischemic diabetic foot*
- *advanced management of ulcers, infections, and osteomyelitis*
- *implementation of preventive strategies to reduce amputation rates*
- *optimization of multidisciplinary care pathways*
- *improvement of patients' functional outcomes and quality of life*

Target Audience

The event is intended for medical doctors and healthcare professionals involved in the management of patients with diabetic foot, including but not limited to:

- *physicians (diabetology, vascular medicine, surgery, internal medicine, radiology)*
- *nurses*
- *podiatrists*
- *physical therapists*
- *sociologists*
- *allied healthcare and socio-health professionals involved in diabetic foot care*

Scientific Program

The scientific program is structured over two full days and includes:

- *plenary lectures and thematic scientific sessions*
- *multidisciplinary case discussions*
- *sessions dedicated to prevention, ischemic and neuropathic diabetic foot, ulcer management, revascularization strategies, regenerative medicine, reconstructive surgery, and supportive care*
- *hands-on training workshops focused on practical skills such as wound care, offloading, diagnostic techniques, advanced dressings, and regenerative therapies*

Special attention is given to the multidisciplinary approach, emphasizing collaboration among medical, nursing, rehabilitative, and psychosocial professionals.

CME / ECM Accreditation

The Congress is CME/ECM accredited in accordance with current regulations. Participation allows eligible professionals to obtain ECM credits. (Please note: hands-on workshops are not ECM-accredited.)

Additional Information:

- *International faculty with recognized expertise*
 - *Simultaneous translation available*
 - *Free communications and poster sessions*
 - *Trade exhibition area*
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Event Details

 *Dates: May 22–23, 2026*

 *Venue: T Hotel Lamezia, Feroletto Antico (Catanzaro, Italy)*

 *Information & Registration: idff2026@christianbaraldi.it*

The Organizing and Scientific Committees believe that your participation will significantly contribute to the scientific value of the Congress and to the shared goal of improving clinical outcomes and reducing the burden of diabetic foot complications.

We look forward to welcoming you to the 1st International Diabetic Foot Forum Congress.

Yours sincerely,

The Scientific Presidency and Scientific Committee.

1st International Diabetic Foot Forum Congress (iDFF 2026).

Iscriviti online ora! Invia un abstract! Scansiona il QR code.



DAY ONE

8.45 Presentation of Congress: Christian Baraldi

Moderatorss: Sunil Kari (IND), Eugenio D'Amico (ITA), Sonia Silvestrini (ITA)

1° Education and Preventive care.

- 9.00 am Daily foot care: inspection and proper hygiene in DF.
Tina Somers (USA)
- 9.10 am Early warning symptoms and signs of DF problems: how to recognize it?
Raffaele Mancini (ITA)
- 9.20 am DF patients and risk level: monitoring and intervention.
Alice Picciarella (ITA)
- 9.30 am DF care in resource poor clinics: "FootCare for everyone everywhere".
Sunil Kari (IND)
- 9.40 am How medications affect wound healing in DF ulcer: delay Vs. acceleration.
Mohamed Magdy Badr (EGY)
- 9.50 am Discussion with Hinson Kei (ENG)

Moderatorss: Shrikant Bhoyar (IND), Enzo Secolo (ITA), Amit Burande (IND)

2° Regular Foot Exams and Footwear.

- 10:10 am Diabetic foot assessments by a podiatrist.
Valerio Ponti (ITA)
- 10.20 am Properly fitting shoes and inserts: the essential to prevent injury.
Emily Haworth (ENG)
- 10.30 am Postural alterations in the development of diabetic ulcers.
Shrikant Bhoyar (IND)
- 10.40 am Properly fitting shoes in amputated DF.
Francisco Antonio Regalado Avelar (SAL)
- 10.50 am Discussion with Mario Giacinto (ITA).

11.00 am Coffee break and showing room

Moderatorss: Pier Luigi Antignani (ITA), Giacomo Failla (ITA), Wassila Taha (EGY)

3° Ischemic and Neuropathic DF.

- 11.20 am Neuropathy, poor circulation, and other risk factors: how to identify it?
Edson Jurado Aguilar (SAL)
- 11.30 am The ischemic DF and the importance of TcpO₂ and DUS: how to evaluate it and what to do?
Marco Meloni (ITA)
- 11.40 am Pedal Acceleration Time (PAT) technique: assessing DF revascularization and amputation risk rate.
Fernando Martinez Irigoyen (SAL)
- 11.50 am The neuropathic DF: how to manage it?
Giovanni Grossi (ITA)
- 12.00 pm Discussion with Ayman Khalil (EGY).

Moderators: Edson Jurado Aguilar (SAL), Marco Meloni (ITA), Francisco Antonio Regalado Avelar (SAL)

4° Ulcer Management/Healing in the DF – Part 1.

- 12.10 pm Ulcer cleaning and disinfection: step by step.
Sonia Silvestrini (ITA)
- 12.20 pm Wound bed preparation: optimizing healing with collagenase hyaluronic acid.
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- 12.30 pm Timely and effective treatment of cuts, blisters or ulcers: how to prevent infection?
Sara Sandroni (ITA)
- 12.40 pm Infected and non-infected moist ulcers: how and what to do?
Francesca Pasquali (ITA)
- 12.50 pm The deep infected diabetic foot: how and when to treat it.
Fernando Martinez Irigoyen (SAL)
- 1.00 pm Discussion with Salvatore Piazza (ITA).

1.10 pm Light Lunch

Moderators: Fernando Martinez Irigoyen (SAL), Ayman Khalil (EGY), Giovanni Papa (ITA)

5° Ulcer Management/Healing in the DF – Part 2.

- 2.00 pm Old and new dressings: from disinfection to local therapy with Ozoile.
Michele Ruggiero (ITA)
- 2.10 pm Sulfadiazine Argentine and Hyaluronic Acid: importance and applications.
Salvatore Piazza (ITA)
- 2.20 pm Sodium Hyaluronate and Amino Acids: peculiarities in use.
Christian Baraldi (ITA)
- 2.30 pm The nitric oxide absorbent dressing for DF ulcer.
Marco Meloni (ITA)
- 2.40 pm Use of negative pressure therapy in the treatment of diabetic foot.
Ferdinando Campitiello (ITA)
- 2.50 pm Discussion with Francesco Giacinto (ITA).

Moderators: Shrikant Bhoyar (IND), Mohamed Magdy Badr (EGY), Enrico Rescigno (ITA)

6° Ulcer Management/Healing in the DF – Part 3.

- 3.00 pm Diabetic Foot Attack: are we winning or losing the battle?
Patrick Chong (ENG)
- 3.10 pm The debridement with ultrasonic device.
Francesco Giacinto (ITA)
- 3.20 pm Ozone therapy in the treatment of infected DF lesions.
Ayman Khalil (EGY)
- 3.30 pm Anticoagulation and anti-thrombotics drugs: how to manage it in DF ulcers?
Pierluigi Mollo (ITA)
- 3.40 pm Discussion with Renzo Lombardi (ITA).

4.00 am Coffee break and showing room

Moderators: Filippo Benedetto (ITA), Patrick Chong (ENG), Francesco Spinelli (ITA)

7° Treatments for the DF.

- 4.20 pm Lectio Magistralis: Breaking the Chain of Diabetic Amputations.
Francesco Spinelli (ITA)
- 4.30 pm Angioplasty: how, when and why.
Christian Baraldi (ITA)
- 4.40 pm Bypass: how, when and why.
Filippo Benedetto (ITA)
- 4.50 pm Calcified diabetic arteries: how to overcome the obstacles?
Giovanni Solimeno (ITA)
- 5.00 pm Options for heavy calcified arteries: atherectomy? Shockwave? Other?
Lorenzo Patrone (ITA)

5.10 pm Discussion with Giovanni Solimeno (ITA) and Paolo Rubino (ITA).

Moderators: Mohamed Magdy Badr (EGY), Shrikant Bhoyar (IND), Ferdinando Campitiello (ITA)

8° Regenerative therapy for the DF.

5.30 pm Regenerative therapy with mononuclear cells.

Silvia Acquati (ITA)

5.40 pm Regenerative therapy with micrograft technology.

Christian Baraldi (ITA)

5.50 pm The minimally invasive treatment of osteomyelitis and bio-glass use.

Barbara De Angelis (ITA)

6.00 pm PRP on DF ulcer.

Renzo Lombardi (ITA)

6.10 pm Fish Skin Technology: La nuova frontiera della riparazione tissutale.

Simona Villari (ITA)

6.20 pm Discussion with Giovanni Papa (ITA).

Moderators: Amit Burande (IND), Fernando Martinez Irigoyen (SAL), Sunil Kari (IND)

9° Reconstructive surgery and support for the DF.

6.40 pm Role of Radiology in DF.

Sunil Kari (IND)

6.50 pm Internal offloading surgery in DF.

Shrikant Bhoyar (IND)

7.00 pm Reconstructive surgery in Charcot foot.

Amit Burande (IND)

7.10 pm The right bendage and velcro brace in mixed DF ulcer.

Franz Josef Shingale (GER)

7.20 pm Physiotherapeutic support in DF patient.

Carmen Carlomagno (ITA)

7.30 pm Malnutrition and psychological support in DF patient.

Rita Guarnieri (ITA)

7.40 pm Discussion, CME credits and closure of first day.

DAY TWO

Moderators: Christian Baraldi (ITA), Barbara De Angelis (ITA), Fernando Martinez Irigoyen (SAL)

Hands-on Training workshops:

8.30 am Wound hygiene for ulcers step by step.

Sonia Silvestrini (ITA)

8.45 am Wound hygiene as a protocol for DF ulcers.

Sara Sandroni (ITA)

9.00 am DF inspection and evaluation: risk factors and patient education.

Emily Haworth (ENG)

9.15 am Pedal Acceleration Time (PAT) technique on DF.

Fernando Martinez Irigoyen (SAL)

9.35 am Offloading: how and what to do.

Sunil Kari (IND)

9.55 am Use of Ozoile in the ulcer bed.

Michele Ruggiero (ITA)

- 10.15 am *Regenerative medicine and surgery with mononuclear cells.*
Renzo Lombardi (ITA)
- 10.35 am *Hi Tissue Micrograft Technology for DF ulcer healing.*
Christian Baraldi (ITA)

10.55 am *Coffee break and showing room*

- 10.10 am *Use of advanced dressings: Hydrofiber, polyurethane foam and NO dressing.*
Francesca Pasquali (ITA)
- 11.25 am *Use of amino acids in tissue regeneration.*
Christian Baraldi (ITA)
- 11.40 am *PRP use on DF ulcer.*
Renzo Lombardi (ITA)
- 11.55 am *Debridement with ultrasonic device.*
Francesco Giacinto (ITA)
- 12.10 pm *The right shoe and insole for the DF.*
Shrikant Bhoyar (IND)
- 12.25 pm *The right bandage and velcro brace in mixed DF ulcer.*
Franz Josef Shingale (GER)
- 12.45 pm *Closure International Diabetic Foot Forum Congress*

Moderators: Edson Jurado Aguilar (SAL), Rita Guarnieri (ITA)

Free communications and Poster: Room A

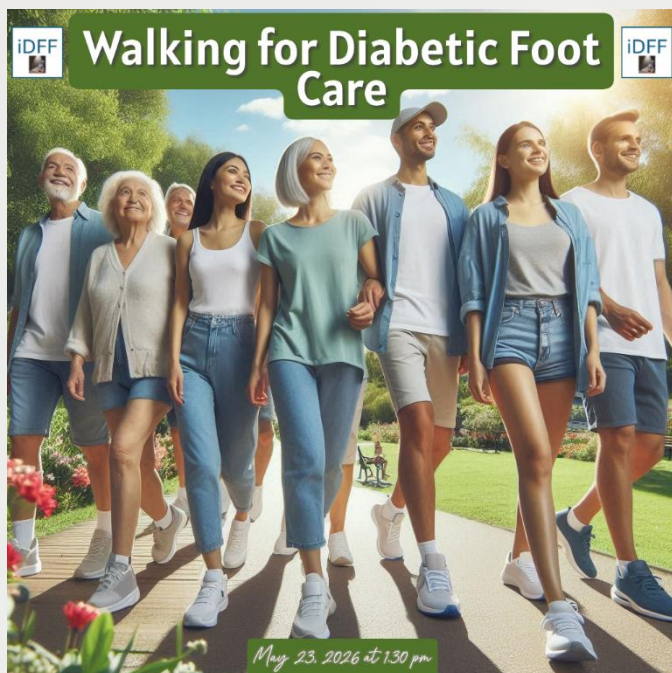
10.00 am – 12:30 pm, May 23

Moderators: Pier Luigi Antignani (ITA), Ayman Khalil (EGY)

- 10.00 am *The Role of Duplex Ultrasound in the Diagnostic Assessment of the Diabetic Foot: Current Practice and Emerging Innovations.*
Nozha Krid
- 10.10 am *Diabetic foot: effects on posture.*
Enrico Sarli
- 10.20 am *Progression to Major Amputation Despite Successful Endovascular Revascularization in Diabetic Foot Ischemia*
Ivan Joalsen

Walking for Diabetic Foot Care against amputations!

1.30 pm – 4:30 pm



iDFF



Con la collaborazione di



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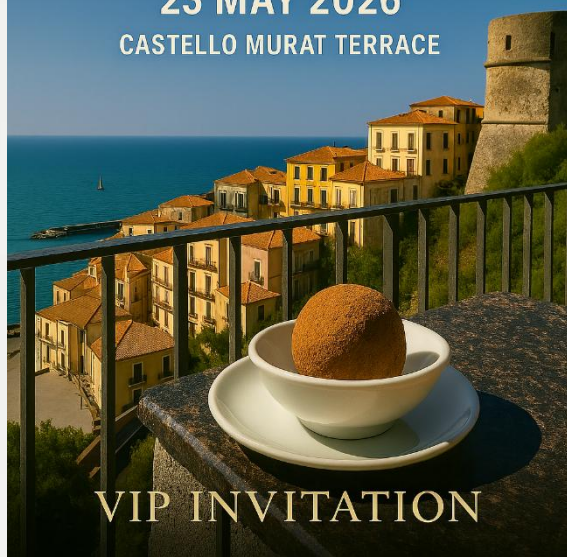
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Gruppo Trekking Sant'Elia - Pentone

TOUR OF PIZZO & TARTUFO TASTING

23 MAY 2026

CASTELLO MURAT TERRACE



VIP INVITATION

Only for Faculty Member



iDFF Congress REGISTRATION

| Category | Early Bird Up to January 31, 2026 | Up to March 31, 2026 | From April 30, 2026 onwards |
|--|---|-------------------------|--------------------------------|
| IDFF Group Member (MD) | €100 | €125 | €150 |
| IDFF Non Member (MD) | €200 | €250 | €300 |
| Podiatrist, Nurse, Physical therapist, Sociologist | €100 | €125 | €150 |
| Residents & Young (<35 y/o) | €100 | €125 | €150 |
| Abstract Presenter | €100 | €125 | |

Important Note:

Prices are VAT included.

50% discount for those who submit an abstract.

Non-Residential Packages are inclusive of:

- ✓ Conference Registration fees
- ✓ Lunche and Gala Dinner on Friday, May 22, 2026
- ✓ Coffee Breaks on May 22-23
- ✓ Conference Kit
- ✓ Visit to Trade exhibition
- ✓ Taxes as applicable

CME

The event is CME accredited. The workshops are not CME accredited.

iDFF Congress Residential Packages - 2 Nights - 3 Days

May 21th check-in & May 23th check-out

| Category | Early Bird Up to January 31, 2026 | Up to March 31, 2026 | From April 30, 2026 onwards |
|--------------------------------------|--------------------------------------|-------------------------|--------------------------------|
| Twin Sharing Per Person | €450 | €475 | €500 |
| Delegate With Accompanying Person | €490 | €530 | €580 |

Residential Package Includes:

- ✓ Room at T Hotel Lamezia, 2 Nights (May 21th check-in & May 23th check-out)
- ✓ Complimentary Conference Registration
- ✓ Conference Kit
- ✓ Breakfast on - Friday, Saturday (May 22, 23)
- ✓ Lunche on Friday, Saturday (May 22, 23)
- ✓ Gala Dinner on Friday, May 22, 2026
- ✓ Visit to Trade Exhibition

Fee is inclusive of Taxes except for the tourist tax.

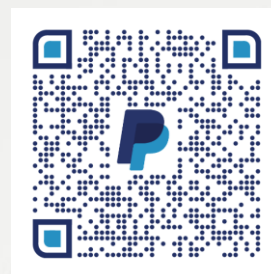
BANK ACCOUNT DETAILS

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Organizing Secretariat



AMELVI Srl

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