



1st International Diabetic Foot Forum Congress

President
Dr. Christian Baraldi

May 22-23, 2026
T Hotel Lamezia, Feroletto Antico
(Catanzaro, Italy)



Scientific Committee

Christian Baraldi

Shrikant Bhoyar

Barbara De Angelis

Emily Haworth

Sunil Kari

Ayman Khalil

Fernando Martinez Irigoyen

Francesca Pasquali

Sonia Silvestrini



Simultaneous translation

Info mail Congress: idff2026@christianbaraldi.it

Rational

The aims of the diabetic foot (DF) program are to provide an update on pathophysiological, clinical, preventive, and therapeutic aspects based on the latest guidelines and scientific evidence. It aims to promote an integrated multidisciplinary approach among specialists to manage diabetic foot syndrome more effectively and comprehensively.

The DF program purposes to talk about the prevention, diagnosis, and management of foot complications in individuals with diabetes. This program involves education, regular foot exams, and specialized care to address issues like ulcers, infections, nerve and ischemic damage including through a series of workshops that follow the principle of hands-on training. They are crucial for reducing amputation rates and improving the quality of life for people with diabetes.

Main contents:

Scientific updates: sessions focusing on the latest scientific evidence and international guidelines (updated in 2023).

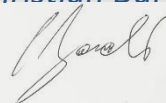
Multidisciplinary management: emphasis on integration among various medical disciplines, such as diabetologists, vascular surgeons, foot surgeons, podiatrists, nurses, physical therapists, psychologists, and nutritionists, to ensure comprehensive patient treatment.

Prevention and treatment: discussion of preventive strategies, such as daily foot inspection and the use of appropriate footwear, and cutting-edge therapeutic approaches, including conservative surgery, revascularization, foot management and care, including major bone deformities, innovative therapies of advanced dressings, and regenerative therapies such as mononuclear cells, Platelet Rich Plasma (PRP), use of amino acids, and autologous cell grafts.

Psychological aspects: attention to psychological support for the patient and family members, given the disabling nature of the condition, pain (including phantom limb pain), and high risk of depression.

Benefits of the Diabetic Foot Program: Reduce risk of ulcers and infections; Proactive care preventing the development of ulcers and infections; Decrease amputation rates with early intervention and proper management; Preventing complications and promoting healthy feet: maintenance of personal mobility and independence; Improve Quality of Life.

Christian Baraldi



DAY ONE

8.45 Presentation of Congress: Christian Baraldi

Moderators: Sunil Kari (IND), Eugenio D'Amico (ITA), Sonia Silvestrini (ITA)

1° Education and Preventive care.

- 9.00 am *Daily foot care: inspection and proper hygiene in DF.
Tina Somers (USA)*
- 9.10 am *Early warning symptoms and signs of DF problems: how to recognize it?
Raffaele Mancini (ITA)*
- 9.20 am *DF patients and risk level: monitoring and intervention.
Alice Picciarella (ITA)*
- 9.30 am *DF care in resource poor clinics: "FootCare for everyone everywhere".
Sunil Kari (IND)*
- 9.40 am *How medications affect wound healing in DF ulcer: delay Vs. acceleration.
Mohamed Magdy Badr (EGY)*
- 9.50 am *Discussion with Hinson Kei (ENG)*

Moderators: Shrikant Bhoyar (IND), Enzo Secolo (ITA), Amit Burande (IND)

2° Regular Foot Exams and Footwear.

- 10:10 am *Diabetic foot assessments by a podiatrist.
Valerio Ponti (ITA)*
- 10.20 am *Properly fitting shoes and inserts: the essential to prevent injury.
Emily Haworth (ENG)*
- 10.30 am *Postural alterations in the development of diabetic ulcers.
Shrikant Bhoyar (IND)*
- 10.40 am *Properly fitting shoes in amputated DF.
Francisco Antonio Regalado Avelar (SAL)*
- 10.50 am *Discussion with Mario Giacinto (ITA).*

11.00 am Coffee break and showing room

Moderators: Pier Luigi Antignani (ITA), Giacomo Failla (ITA), Wassila Taha (EGY)

3° Ischemic and Neuropathic DF.

- 11.20 am *Neuropathy, poor circulation, and other risk factors: how to identify it?
Edson Jurado Aguilar (SAL)*
- 11.30 am *The ischemic DF and the importance of TcpO2 and DUS: how to evaluate it and what to do?
Marco Meloni (ITA)*
- 11.40 am *Pedal Acceleration Time (PAT) technique: assessing DF revascularization and amputation risk rate.
Fernando Martinez Irigoyen (SAL)*
- 11.50 am *The neuropathic DF: how to manage it?
Giovanni Grossi (ITA)*
- 12.00 pm *Discussion with Ayman Khalil (EGY).*

Moderator: Edson Jurado Aguilar (SAL), Marco Meloni (ITA), Francisco Antonio Regalado Avelar (SAL)

4° Ulcer Management/Healing in the DF – Part 1.

- 12.10 pm *Ulcer cleaning and disinfection: step by step.
Sonia Silvestrini (ITA)*
- 12.20 pm *Timely and effective treatment of cuts, blisters or ulcers: how to prevent infection?
Sara Sandroni (ITA)*

- 12.30 pm *Infected and non-infected moist ulcers: how and what to do?*
Francesca Pasquali (ITA)
- 12.40 pm *The deep infected diabetic foot: how and when to treat it.*
Fernando Martinez Irigoyen (SAL)
- 12.50 pm *Use of negative pressure therapy in the treatment of diabetic foot.*
Ferdinando Campitiello (ITA)
- 1.00 pm *Discussion with Salvatore Piazza (ITA).*

1.10 pm *Light Lunch*

Moderator: Fernando Martinez Irigoyen (SAL), Ayman Khalil (EGY), Giovanni Papa (ITA)

5° Ulcer Management/Healing in the DF – Part 2.

- 2.00 pm *Old and new dressings: from disinfection to local therapy with Ozoile.*
Michele Ruggiero (ITA)
- 2.10 pm *Sulfadiazine Argentine and Hyaluronic Acid: importance and applications.*
Salvatore Piazza (ITA)
- 2.20 pm *Sodium Hyaluronate and Amino Acids: peculiarities in use.*
Christian Baraldi (ITA)
- 2.30 pm *The nitric oxide absorbent dressing for DF ulcer.*
Marco Meloni (ITA)
- 2.40 pm *Discussion with Francesco Giacinto (ITA).*

Moderator: Shrikant Bhoyar (IND), Mohamed Magdy Badr (EGY), Enrico Rescigno (ITA)

6° Ulcer Management/Healing in the DF – Part 3.

- 3.00 pm *Diabetic Foot Attack: are we winning or losing the battle?*
Patrick Chong (ENG)
- 3.10 pm *The debridement with ultrasonic device.*
Francesco Giacinto (ITA)
- 3.20 pm *Ozone therapy in the treatment of infected DF lesions.*
Ayman Khalil (EGY)
- 3.30 pm *Anticoagulation and anti-thrombotics drugs: how to manage it in DF ulcers?*
Pierluigi Mollo (ITA)
- 3.40 pm *Discussion with Renzo Lombardi (ITA).*

4.00 am *Coffee break and showing room*

Moderator: Filippo Benedetto (ITA), Patrick Chong (ENG), Francesco Spinelli (ITA)

7° Treatments for the DF.

- 4.20 pm *Lectio Magistralis: Breaking the Chain of Diabetic Amputations.*
Francesco Spinelli (ITA)
- 4.30 pm *Angioplasty: how, when and why.*
Christian Baraldi (ITA)
- 4.40 pm *Bypass: how, when and why.*
Filippo Benedetto (ITA)
- 4.50 pm *Calcified diabetic arteries: how to overcome the obstacles?*
Giovanni Solimeno (ITA)
- 5.00 pm *Options for heavy calcified arteries: atherectomy? Shockwave? Other?*
Lorenzo Patrone (ITA)
- 5.10 pm *Discussion with Giovanni Solimeno (ITA).*

Moderator: Mohamed Magdy Badr (EGY), Shrikant Bhoyar (IND), Ferdinando Campitiello (ITA)

8° Regenerative therapy for the DF.

- 5.30 pm *Regenerative therapy with mononuclear cells.
Silvia Acquati (ITA)*
- 5.40 pm *Regenerative therapy and cell micrograft.
Christian Baraldi (ITA)*
- 5.50 pm *The minimally invasive treatment of osteomyelitis and bio-glass use.
Barbara De Angelis (ITA)*
- 6.00 pm *PRP on DF ulcer.
Renzo Lombardi (ITA)*
- 6.10 pm *Fish Skin Technology: La nuova frontiera della riparazione tissutale.
Simona Villari (ITA)*
- 6.20 pm *Discussion with Giovanni Papa (ITA).*

Moderator: Amit Burande (IND), Fernando Martinez Irigoyen (SAL), Sunil Kari (IND)

9° Reconstructive surgery and support for the DF.

- 6.40 pm *Role of Radiology in DF.
Sunil Kari (IND)*
- 6.50 pm *Internal offloading surgery in DF.
Shrikant Bhoyar (IND)*
- 7.00 pm *Reconstructive surgery in Charcot foot.
Amit Burande (IND)*
- 7.10 pm *The right bendage and velcro brace in mixed DF ulcer.
Franz Josef Shingale (GER)*
- 7.20 pm *Physiotherapeutic support in DF patient.
Carmen Carlomagno (ITA)*
- 7.30 pm *Malnutrition and psychological support in DF patient.
Rita Guarnieri (ITA)*
- 7.40 pm *Discussion, CME credits and closure of first day.*

DAY TWO

Moderator: Christian Baraldi (ITA), Barbara De Angelis (ITA), Fernando Martinez Irigoyen (SAL)

Hands-on Training workshops:

- 8.30 am *Wound hygiene for ulcers step by step.
Sonia Silvestrini (ITA)*
- 8.45 am *Wound hygiene as a protocol for DF ulcers.
Sara Sandroni (ITA)*
- 9.00 am *DF inspection and evaluation: risk factors and patient education.
Emily Haworth (ENG)*
- 9.15 am *Pedal Acceleration Time (PAT) technique on DF.
Fernando Martinez Irigoyen (SAL)*
- 9.35 am *Offloading: how and what to do.
Sunil Kari (IND)*
- 9.55 am *Use of Ozoile in the ulcer bed.
Michele Ruggiero (ITA)*
- 10.15 am *Regenerative medicine and surgery with mononuclear cells.
Renzo Lombardi (ITA)*

10.35 am The micrografts for DF ulcer healing.
Christian Baraldi (ITA)

10.55 am Coffee break and showing room

10.10 am Use of advanced dressings: Hydrofiber, polyurethane foam and NO dressing.
Francesca Pasquali (ITA)

11.25 am Use of amino acids in tissue regeneration.
Christian Baraldi (ITA)

11.40 am PRP use on DF ulcer.
Renzo Lombardi (ITA)

11.55 am Debridement with ultrasonic device.
Francesco Giacinto (ITA)

12.10 pm The right shoe and insole for the DF.
Shrikant Bhoyar (IND)

12.25 pm The right bandage and velcro brace in mixed DF ulcer.
Franz Josef Shingale (GER)

12.45 pm Closure International Diabetic Foot Forum Congress

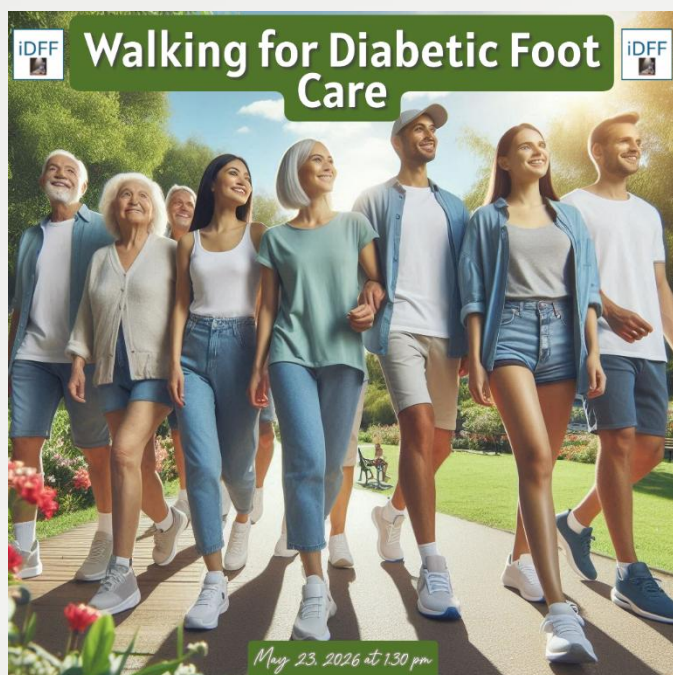
Moderator: Edson Jurado Aguilar (SAL), Rita Guarnieri (ITA)

Free communications: Room A

10.00 am – 12:00 pm

Walking for Diabetic Foot Care against amputations!

1.30 pm – 4:30 pm



iDFF



Con la collaborazione di



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e

Gruppo Trekking Sant'Elia - Pentone

iDFF Congress REGISTRATION

Category	Early Bird Up to January 31, 2026	Up to March 31, 2026	From April 30, 2026 onwards
IDFF Group Member (MD)	€100	€125	€150
IDFF Non Member (MD)	€200	€250	€300
Podiatrist, Nurse, Physical therapist, Sociologist	€100	€125	€150
Residents & Young (<35 y/o)	€100	€125	€150
Abstract Presenter	€100	€125	

Important Note:

Prices are VAT included.

50% discount for those who submit an abstract.

Non-Residential Packages are inclusive of:

- ✓ Conference Registration fees
- ✓ Lunche and Gala Dinner on Friday, May 22, 2026
- ✓ Coffee Breaks on May 22-23
- ✓ Conference Kit
- ✓ Visit to Trade exhibition
- ✓ Taxes as applicable

CME

The event is CME accredited. The workshops are not CME accredited.

iDFF Congress Residential Packages - 2 Nights - 3 Days

May 21th check-in & May 23th check-out

Category	Early Bird Up to January 31, 2026	Up to March 31, 2026	From April 30, 2026 onwards
Twin Sharing Per Person	€450	€475	€500
Delegate With Accompanying Person	€490	€530	€580

Residential Package Includes:

- ✓ Room at T Hotel Lamezia, 2 Nights (May 21th check-in & May 23th check-out)
- ✓ Complimentary Conference Registration
- ✓ Conference Kit
- ✓ Breakfast on - Friday, Saturday (May 22, 23)
- ✓ Lunche on Friday, Saturday (May 22, 23)
- ✓ Gala Dinner on Friday, May 22, 2026
- ✓ Visit to Trade Exhibition

Fee is inclusive of Taxes except for the tourist tax.

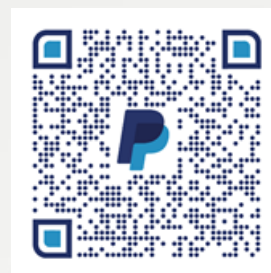
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Organizing Secretariat



AMELVI Srl

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